

Connecting to Robots!

Online Safety Resources



Keeping Adults with a Learning Disability or Autism Safe Online:
aldas.online



Mencap - Internet Online Safety:
www.mencap.org.uk/easyread/internet-online-safety



Achieve Together - Keeping Safe Online:
www.achievetogether.co.uk/wp-content/uploads/Keeping-Safe-Online-Easy-Read-Guide-Email-Version.pdf

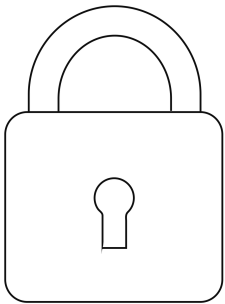


Purple Patch Arts - Digital Support:
purplepatcharts.org/wp-content/uploads/2025/04/Digital-Support-for-Families-and-Carers.pdf

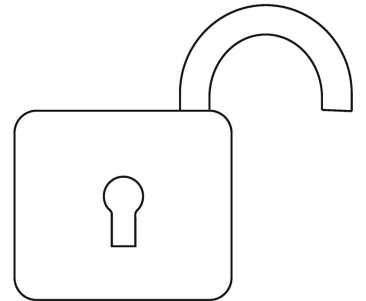
You might want someone to support you to do these activities!

1. What should you keep private online, and what is safe to share?

Draw a line from each item on the list to show if you should keep it private (to the closed padlock) or if it is safe to share online (to the open padlock):



Favourite Colour
Address
Full Name
Photo of your pet
Photo of yourself
Bank Details



2. What are some screen-free activities you can do?

It is important to have healthy boundaries with technology, can you write a list or draw some activities you can do that don't use technology?