



Connecting to Love!



Supported Loving Toolkit:

<https://www.choicesupport.org.uk/about-us/what-we-do/supported-loving/supported-loving-toolkit>

The Supported Loving network has produced a series of guides to help support people with issues surrounding sexuality and relationships. You can also find lots more information and support on the Choice Support website!



Put together a playlist with songs about love!

You may want to include:

All You Need is Love, The Beatles

My Heart Will Go On, Celine Dion

Love Today, Mika

Close to You, the Carpenters

You're My Best Friend, Queen

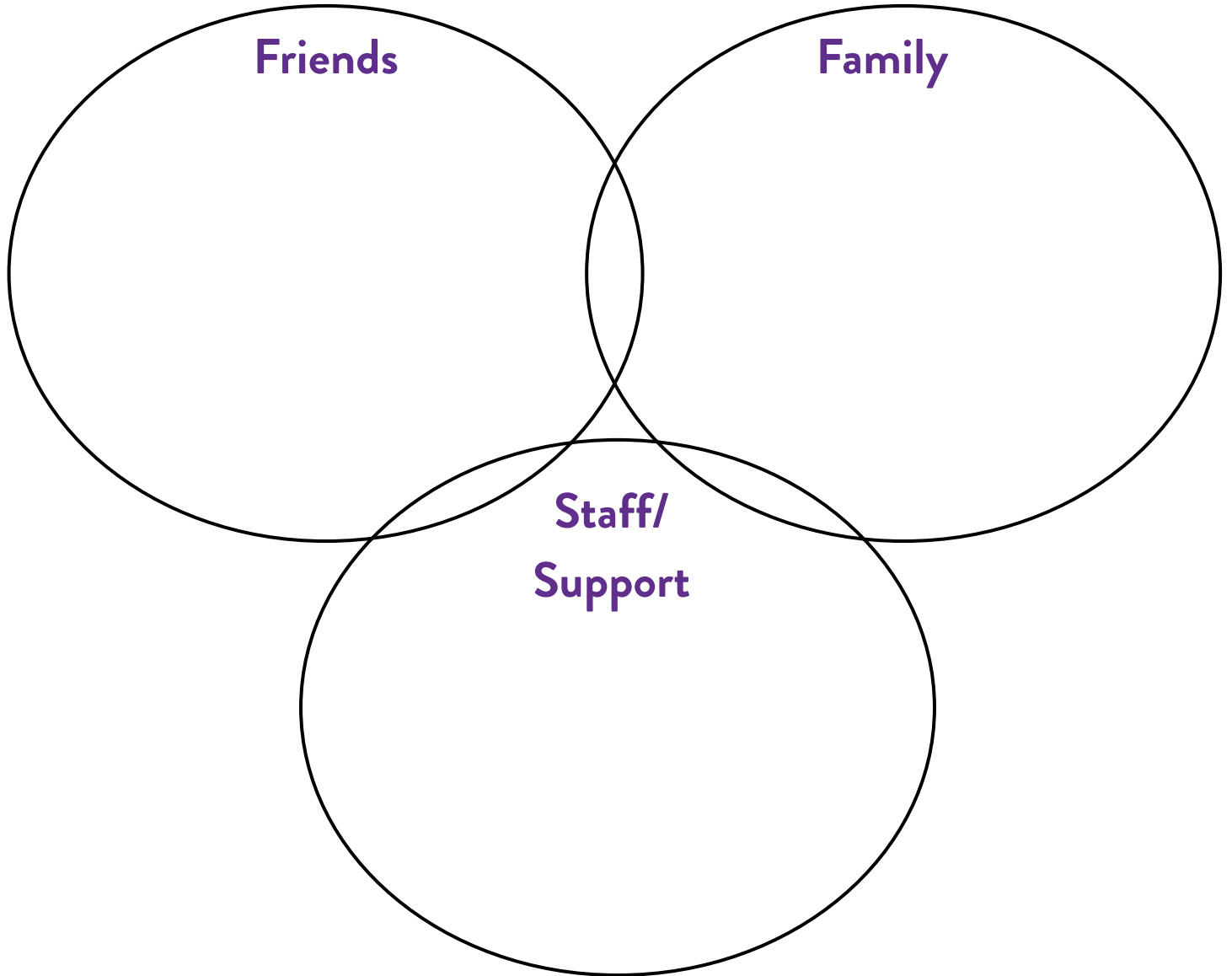
I Want to Know What Love is, Foreigner

Ain't Nobody, Chaka Kahn

Activities

You might want someone to support you to do these activities!

1. Fill out these circles with the different people in your life!



2. What are the signs of a healthy relationship?

Write or draw them here:



1.

2.

3.